

2024

‘Showing The Way’



TOONGABBIE
LEGAL CENTRE INC.

REGISTER NOW!



CLE – One Day Program on

Family Law

Friday 13 December 2024

Venue: Conference Room, Mills Oakley, 151 Clarence Street, Sydney

Toongabbie Legal Centre (TLC)

TLC is an unfunded not-for-profit legal centre located in the heart of Western Sydney since 2007. TLC offers free legal advice to individuals experiencing barriers to legal access.

TLC is in its seventeenth year of providing legal advice and assistance to vulnerable and disadvantaged people.

We place great importance on empowering the community through legal education and support.

TLC has learned Western Sydney contributes to two-thirds of Sydney's gambling losses with serious

impacts on the 'individual, families and communities'*

TLC affirms GambleAware's purpose to work towards zero gambling-related harm in NSW through research, education and support for individuals and communities.

Toongabbie Legal Centre – Legal Clinic

TLC continues to support the community from St Anthony's church on Thursday (6:00pm – 9:00pm) and Saturday (9:00am – 1:00pm).

Blacktown Legal Centre (TLC's outreach service)

From 16 Nat 2924 BLC reopened in Blacktown from

ACU Blacktown campus on Thursday (6:00pm – 8:30pm) and Saturday (10:00am – 1:00pm).

Our Vision

With huge population increases and many new migrants and refugees settling in the Toongabbie – Seven Hills – Blacktown area, our vision is to establish full-time free legal services for vulnerable and disadvantaged persons people.

Susai Benjamin OAM

Principal Solicitor &
Honorary Chief Executive Officer

Toongabbie Legal Centre supports the GambleAware Campaign Blue Mountains & Western Sydney • gambleaware.nsw.gov.au • 1800 858 858

What's gambling really costing you?

Gambling is a normal activity for some people. It might be a bit of fun with friends, a weekly lottery ticket, or a day at the races. However, for some people, gambling can become harmful. Gambling can come at a high cost including financially, emotionally and personally leading to a breakdown of family and relationship.

How do I know if gambling is a problem?

If gambling is causing stress or anxiety, it might be a sign that it's a problem. Other signs are:

- Feeling guilty, anxious or depressed about gambling
- Losing control of how much time or money is spent on gambling
- Withdrawing from family and friends
- Trying to win back losses
- Borrowing money or selling valuables to gamble
- Falling behind with bills or signing up new credit cards
- Thinking about gambling every day
- Lying about gambling

You can be gamble aware and gamble more safely.

You can build safeguards into your gambling with tried-and-true strategies such as:

- Get a handle on how you gamble
- Set limits on how much you bet
- Make sure you're informed
- Have a game plan
- Don't get caught up in the moment
- Use social support
- Get balance in your life
- If you need help, ask. Help is close at hand.

*See website for details.

Take a break and ban yourself

A good way to take control is deciding to block, ban or bar yourself (also called self-exclusion) from gambling. Self-exclusion can help if you want to cut down, have a break or quit for good. You choose the locations or websites that you know present risks for you – a venue, the section of a venue where there's gambling (say, the gaming room), or an online betting service – and you say how long you want to opt out. It might be temporary or permanent. It's your call.

How can you have a conversation about gambling?

It takes courage and commitment to support someone struggling with gambling on their journey to change. Although you're an important part of this process, remember it's your friend or loved one who has to take responsibility for their own gambling.

Supporting employees who have gambling issues

Workplaces have a responsibility to take care of health and safety at work. It might seem like common sense that gambling in the workplace is banned but having a clear policy can help reduce the impact.

Supporting a workmate who may have gambling issues

Do you have a colleague who gambles in the workplace? Do you think they may be struggling with gambling? Check out your workplace gambling policy so you understand what your obligations are. Your employer has a duty of care.

Accessing Support

No matter how you're affected by gambling - your own or someone else's - GambleAware can help. It's never too late to get help – you can reach out today. For free,

confidential advice and support, and to find services near you, visit gambleaware.nsw.gov.au or call us on 1800 858 858. GambleAware can also arrange for you to speak to a professional GambleAware counsellor who either speaks your language or knows your culture.

Young people's use of gambling-like products

The NSW Youth Gambling Study 2020** explored gambling and simulated gambling by young people aged 12-17 years in NSW. It found that participation in simulated gambling (gambling-like products)² by young people is widespread and that it appears to be increasing. The most popular forms of gambling were informal private betting, scratchies or lotteries, bingo and keno. However, a quarter of the young people who had gambled in the past year had gambled online. The most common way they gambled online was by using a parent's account with their permission.

Parents and carers can have the greatest influence on children's attitudes and behaviours towards gambling. Many parents believe that gambling is harmless fun and don't set any rules about gambling. This normalises the behaviour and can lead to their child experiencing gambling harm in adulthood.

Here some practical tips for parents and carers to protect young people from gambling harm:

- Be a good role model
- Explain how gambling works
- Discuss how gambling advertising works
- Play your child's video games
- Limit the amount of online screen time
- Don't allow your children to use your credit card
- Adjust your online security and ad settings
- Blocking access to gambling websites
- Activate parental controls

TLC is pleased to announce its CLE – one day program on **Family Law – Friday 13 December 2024**

Venue: Conference Room, Mills Oakley, 151 Clarence Street, Sydney

Doors Open at 8.45am

Opening Welcome & Introduction

SESSION ONE

9.00am to 10.00am

Topic: *Contravention Applications*

Presenter: *Frances Neilson*

Senior Judicial Registrar
Federal Circuit and Family Court of Australia

Chair: *Phillips Roberts*, Solicitor and Secretary,
City of Sydney Law Society

SESSION TWO

10.00am to 11.00am

Topic: *Big Money Big Problems*

Presenter: *Tara Hercok*, Solicitor

Barkus Doolan Winning, Sydney

Chair: *Sarwa Abdelraheem*, Barrister
Warratah Chambers, Sydney

Morning Tea Break

11.00 am to 11.15am

SESSION THREE

11.15am to 12.00 noon

Topic: *Effective affidavit preparation
in Family Law*

Presenter: *Peter Fowler*, Barrister

Culwulla Chambers, Sydney

Chair: *Richard Battley*, Barrister, Samuel
Griffith Chambers, Sydney



SESSION FOUR

12.00 noon to 1.00pm

Topic: *Mediation in Family Law –
tips and tricks in preparation and advocacy*

Panel Discussion:

Irene Morozov, Solicitor

York Law Family Law Specialist

Jeff Marhinin, Solicitor, Barkus Doolan Winning

Chair: *Susan Warda*, Solicitor, Accredited
Specialist in Family Law, Mills Oakley, Sydney

Lunch Break

1.00pm to 1.30pm

SESSION FIVE

1.30pm to 2.30pm

Topic: *Parenting Coordination*

Presenter: *Antonia Marran*, Solicitor

Mills Oakley, Sydney

Chair: *Shikha Chadha*, Solicitor
Toongabbie Legal Centre

SESSION SIX

2.30pm to 3.30pm

Topic: *The Evatt List: How it works and how to
make the most of it for your clients*

Presenter: *Kate Weaver*, Judicial Registrar
Federal Circuit and Family Court of Australia

Chair: *Susai Benjamin*, Principal Solicitor,
Toongabbie Legal Centre

Afternoon Tea Break

3.30pm to 4.00pm

SESSION SEVEN

4.00pm to 5.00pm

Topic: *Till Death Do Us Part – Estate Proceedings*

Presenter: *Allysha-Jane Merrett*, Barrister

8 Wentworth Chambers, Sydney

Chair: *Christopher Dunn*, President, Greater
West Family Law Practitioners Association

REGISTER NOW

Registration includes welcome coffee/tea;
morning coffee/tea; buffet lunch and
afternoon coffee/tea.

COURSE FEES:

Registration \$500 pp

TLC volunteers and full time
employees at CLCs

Registration* \$200 pp

**conditions apply*

Refund Policy:

No refund unless the event is cancelled.

SAVE THE DATE & REGISTER NOW

On Saturday 26 November 2022,
the Hon Phillip Ruddock AO, launched a

CROWDFUNDING APPEAL
for the construction of the
Justice Margaret Beazley Centre

Tax deductible donations toward this
appeal can be made to:

**Toongabbie Legal Centre's Justice
Margaret Beazley Centre Building –**

St George Bank – BSB: 112-879 –
Account: 495 773 012

REGISTRATION FORM (Family Law One Day Program, Friday 13 December 2024)

You can also register on line at: www.tlc.asn.au

Name: Mr Mrs Ms Miss Dr Prof _____

Phone (day): Work: _____ Home: _____ Mobile: _____

Address: _____ Suburb _____ Postcode _____

Email: _____ Barrister Solicitor Other _____

PAYMENT METHODS (please tick)

1. On-line Registration with Credit Card details

2. EFT: Toongabbie Legal Centre Inc (General Account) – BSB: 112 879 Account: 068 469 489

3. Payments by cheque:

Enclosed cheque for: \$ _____ payable to: **Toongabbie Legal Centre Inc.** (TLC), PO Box 232, Toongabbie NSW 2146

* Receipts will be issued for all payments

Email: legaleducation@tlc.asn.au Tel: 1300 373 353 www.tlc.asn.au ABN 89 545 537 147 CFN 20717