



Lauren Absalom

Vice President, North Metropolitan Regional Law Society

Lauren is an experienced wills and estates lawyer with a specialisation in complex estate planning, having accrued experience in both the government sector and private practice. She is a regular speaker at both professional and community events, and relishes opportunities to engage with as many regions as she can.

Since joining the executive committee of the North Metropolitan Regional Law Society in 2015, Lauren has founded and developed a young lawyer group, held various committee positions, and currently serves as Vice President, a position to which she was elected in 2021.

Lauren has been a Councillor of the Law Society of NSW since her election in 2020 and subsequent re-election in 2023. Her involvement with the Law Society includes having had the privilege of serving on several different policy, practice and regulatory committees since 2017 and being involved with NSW Young Lawyers for 10 years. Lauren has a particular passion for her role on the Elder Law, Capacity and Succession Committee, where she has been a member since 2018.

When she doesn't have her lawyer hat on, Lauren enjoys spending quality time with her family, being out and about with friends, watching musical theatre or relaxing at home with her two cats, a good book, and a cup of tea! As a relatively new lawyer-Mum, Lauren can often be found entertaining her one-year-old daughter.